

Capeway Rovers Track Rules

1. **MEDICAL INSURANCE:** Proof of medical insurance required to race at Capeway Rovers. Riders must bring their card to sign up. You will not be able to ride without it!
2. **HELMETS:** Helmets **MUST BE WORN AT ALL TIMES** when on a quad, trike, or SXS, no exceptions!
3. **NO DOUBLE RIDING:** Only 1 person per machine, no exceptions.
4. **PIT VEHICLES:** Absolutely **NO pit vehicles of any kind** allowed at Capeway. No pit bikes, quads, golf carts, scooters, electric bikes, pedal bikes, etc.
5. **QUIET TIME:** 8pm – 9am **NO STARTING ENGINES AFTER 4PM or BEFORE 9AM!** No fireworks or loud music.
6. **BYCICLES:** No Bicycle riding allowed at Capeway.
7. **NO AIR HORNS:** No Air Horns are permitted to be used at this facility. It poses a danger to our riders and causes disturbances to our neighbors. In order to keep our riders safe and everyone on the same page air horns are not permitted. Those who choose not to follow this will be removed from the premises.
8. **PIT RIDING:** YOUR RACE BIKES CAN ONLY BE RIDDEN TO AND FROM THE GATE to your PIT - 1ST GEAR AT WALKING SPEED!
9. **MECHANICS AREA**
 - a. The rules we follow are not new, they are long-standing and must be followed.
 - b. The Mechanics area is for mechanics ONLY (bike holders, gate sweepers). This is the area anywhere behind where numbers are called and anywhere inside the fence - all track areas. The mechanics area is not solely for videotaping or pictures. If you are not there to assist your rider: take their blocks or broom, set their holshot device - you will be removed.
 - c. A mechanic or gate sweeper **MUST** be 18 years old, No exceptions!
 - d. You must sign a waiver at the time of registration
 - e. Put orange mechanics band on at registration. The wrist band must be visible - shown when asked
 - f. No one can obtain a wristband for anyone but themselves
 - g. No wristband? **NO** access will be granted. Your rider is capable of riding their bike, they can push it to their gate.
 - h. Riders are not permitted in the mechanics area at any time other than their race time. It is not a social club, and this is a safety issue. Any pep-talk and good luck can be given in your pit or pre-stage area.
 - i. **50cc Riders**
 - i. In order to be on the track - parent(s) must have a mechanics band. You are physically on the track assisting your child. No wristband, you won't be allowed on the starting line or track.
 - ii. If you don't want your child on the track without you, they won't ride.
 - iii. As a mechanic you are responsible for moving your riders blocks or broom off the start. Brooms should not just be thrown anywhere, and blocks must be moved to the wood chip area or taken with you.
 - iv. A mechanic must be 18+.
 - v. You must sign the waiver and obtain an orange wristband.
 - j. Mechanics Pass is \$5.00
10. **Youth Protective Equipment:** It is **REQUIRED** for 2025 and beyond that all competitors in Youth Classes wear chest and back protection. The protector may be worn under or over the jersey, and it should cover the sternum anterior ribs, posterior ribs, and spine from T1 to T12.
Chest and back protection should be worn by all competitors of all ages.